

# **Project presentation**



Co-funded by the European Union



# **Project Summary**

We Lead Volleyball Together (WLVT) was initiated in February 2024 and runs until June 2026 (two years project) to strengthen independence and leadership skills among young people, especially girls aged 16-20, as well as promote their participation in leadership positions. The background for this project is the ongoing challenge of women's underrepresentation in the sports world, especially in management positions. Despite the active participation of girls in volleyball, they are still in the minority in decision-making processes such as board members, coaches, and referees. This can hinder not only girls' development in leadership but also limit their ability to positively influence their environment.

The project is an international collaboration between Iceland (BLI) and the volleyball federations of the Netherlands, Norway, and Denmark. This gives participants a unique opportunity to benefit from a broad spectrum of international perspectives, experiences, and ideas. As part of this collaboration, participants will be presented with a diversity of globally inspired inputs and the opportunity to learn from best practices and successful approaches from other countries.

With this document, you get an overview of the different roles, the calendar, and the tasks these clubs, Young leaders, and club mentors are expected to handle during the project.

## **Role description**

#### Young Leaders

- The project focuses on young people between 16 and 20 years old, especially women.
- Four clubs can apply to take part in the project. Each club can contribute between 4 and 6 Young Leaders, must involve two board members and a club mentor, who will work with the Young Leaders from their club during the project.
- The young leader will receive training and gain skills that will enable them to take on greater management responsibilities. In addition to their participation in this course, participation will involve a concrete commitment by the young person to plan and lead an event under the direction of the club aimed at young people aged 13-15. The choice of the activity to be undertaken will be determined by the young leaders in collaboration with the club, to ensure a meaningful and appropriate activity.

#### **Club Mentors**

• We will have one in each club, with experience in working with young people. They must be curious and happy to share their experiences, as well as to learn more on youth engagement and leadership.



- In the program, we will teach Club Mentors how to reach youth, how to build on their motivation, and how to mentor them successfully.
- They will be trained by facilitators through online courses and at least one in-person course.
- The club mentor will learn about barriers that keep youth and women away from decision-making positions and gain knowledge on how to create inclusive decision-making.
- The club mentor will also increase knowledge on engaging young people in leading club events, and how to mentor them in goal setting, planning, organizing, failing, reflecting, and doing it again. In short, provide them with opportunities to practice and learn leadership.
- The club mentor is responsible for the daily/ongoing contact with the young leaders. The commitment should be for a minimum of 6 hours per months, ideally planned around your training times.

#### **Board Members**

- Board members should avoid barriers that keep youth and women away from decisionmaking positions and should gain knowledge on how to create inclusive decisionmaking.
- Board Members give the program tricks and tools to engage Young Leaders in the club to support the new generation toward leadership.
- Provide youth with opportunities to lead during the program and beyond, for them to practice leadership in the club. For example, as team captains, coaches, referees, or board members.
- Time commitment for a minimum 4 hours per month, ideally planned around your training times.

#### Facilitators

- We will have two, taking care of two clubs.
- The facilitator is responsible for training both club mentors and young leaders. In addition, the facilitator acts as a support figure for the club mentor in that area and maintains ongoing communication with both the club mentor and the young leaders to ensure their needs are met and any questions answered.

#### Blaksamband Íslands

• Borja González (hpm@bli.is) and Rósborg Halldórsdóttir (motastjori@bli.is) are responsible for the overall coordination and management of the project, project administration and communication with the other participating countries.



#### **Financial matters**

- The club receives 150.000 kr for participating in the project.
- This must cover costs related to organization of events, transport costs for club mentors and young leaders, remuneration of club mentors etc.

#### Time frame

• We therefore expect your participation in the project in the period November 2024 to June 2025. Starting again the same period in the season 2025-2026.

## **Calendar** activities

Date	Activity	Responsibles	Participation
September/October	Appoint Young Leaders/Club Mentors	BLI	All the clubs in Iceland
November	Kick off the course	Faciliators	Young Leaders & Club Mentors
Dec/Jan/Feb	Planning Primary	Young Leaders/Club Mentors/ Faciliators	Young Leaders/Club Mentors/ Faciliators
Mar/Apr/May	Implementation of activities	Young Leaders/Club Mentors/ Faciliators	Participants in the event
May & June	Final events	Young Leaders/Club Mentors/ Faciliators	Activities Silver League

• The activities will be carried out over two seasons. Applicants must commit to the project for two years.

#### How to apply

• Clubs need to send a letter of interest to <u>hpm@bli.is</u> stating their proposed club mentor and a list of youth leaders interested, including names and kt of players that are willing to participate.